Voluntary Action Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the appropriate state and federal statutes.

If you feel discriminated against, you can file a complaint with the Illinois Department on Aging. For more information, call the Senior Helpline at 1-800-252-5966 (Voice and TTY), WIAAA at 1-800-322-1051, or the CEO of Voluntary Action Center at 1-866-820-6641.

The Voluntary Action Center receives Title III
Older American Act and the State of Illinois
General Revenue funds through WIAAA.
Voluntary Action Center is a United Way
Partner Agency

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# **Contact Us**



815-883-3630



info@vacdk.org



www.vacdk.org

#### **ABOUT VAC**

- **1974:** VAC incorporated as a not-for-profit social service agency providing transportation and volunteer services.
- 1987: VAC adds Meals on Wheels & Senior Luncheons.
- 1988: VAC's transit facility opens.
- 1991: VAC's first Community Kitchen opens.
- 2003: VAC becomes the Meals on Wheels provider for LaSalle and Putnam Counties and begins senior luncheon services.
- **2005:** VAC becomes the Meals on Wheels provider for Bureau County.
- 2014: VAC celebrates 40 years.
- 2024: VAC celebrates 50 years.



LaSalle, Bureau, & Putnam Counties



Offering Meals on Wheels & Senior Luncheon Sites, servicing LaSalle, Bureau, and Putnam Counties.

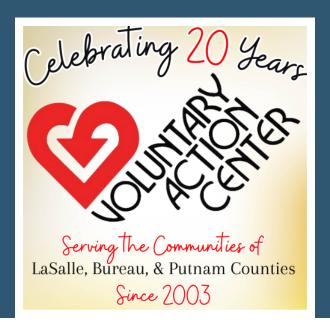
## We Deliver Smiles

Homebound senior citizens and persons with disabilities throughout LaSalle, Bureau, and Putnam Counties may receive Meals on Wheels.

Service types include hot noontime, freshly prepared cold, and frozen meals for daily dining. Meals on Wheel services are available on a short-term or long-term basis.

If someone is homebound due to illness, disability, or otherwise isolated, please get in touch with Meals on Wheels to arrange home deliveries.





### The Power of a Knock

"I enjoy my meals, seeing what is in the bag is a surprise."

"Knowing Mom is getting a nutritious hot meal gives meal peace of mind."

"Keep up the good work. Good food, good service."

"All the volunteers go beyond to be helpful."

"The VAC delivery person is always smiling and polite."

"VAC is such a blessing."

"I look forward to my hot meals. I eat better."





## **More Than A Meal**

Senior Luncheon dining sites offer a perfect opportunity to enjoy a tasty meal, socialize, and join in on special events like monthly birthday celebrations, guest speakers, and more!

Individuals age 60 or older, their spouses, individuals who are disabled, and all high-rise residents where we gather are eligible to dine—reservations requested by 10:00 a.m. the day before.

#### **LOCATIONS INCLUDE:**

Ravlin Congregate Center 400 E Washington St Ottawa

815-434-0110

Fox Valley Community Services 1406 Suydam Rd Sandwich 815-786-9404 LaSalle Site 1840 Saint Vincents Ave

1840 Saint Vincents Ave LaSalle

815-883-3630

Fornof Manor 606 E Morrell St Streator

815-672-7352