Voluntary Action Center does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with the appropriate state and federal statutes.

If you feel discriminated against, you can file a complaint with the Illinois Department on Aging. For more information, call the Senior Helpline at 1-800-252-8966 (Voice and TTY), NIAAA at 815-226-4901, or the CEO of Voluntary Action Center at 815-758-3932.

The Voluntary Action Center receives Title III Older American Act and the State of Illinois General Revenue funds through WIAAA. Voluntary Action Center is a United Way Partner Agency

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815-758-3932 info@vacdk.org

ABOUT VAC

- **1974:** VAC incorporated as a not-for-profit social service agency providing transportation and volunteer services.
- **1987:** VAC adds Meals on Wheels & Senior Luncheons.
- **1988:** VAC's transit facility opens.
- **1991:** VAC's first Community Kitchen opens.
- **2003:** VAC becomes the Meals on Wheels provider for LaSalle and Putnam Counties and begins senior luncheon services.
- **2005:** VAC becomes the Meals on Wheels provider for Bureau County.
- 2014: VAC celebrates 40 years.
- 2024: VAC celebrates 50 years.



of Northern Illinois



Offering Meals on Wheels & Senior Luncheon Sites, serving DeKalb County..

We Deliver Smiles

Homebound senior citizens and persons with disabilities throughout DeKalb County may receive Meals on Wheels.

Meals on Wheels offers a hot meal delivered during lunchtime, prepared fresh and ready to eat. Meals on Wheel services are available on a short-term or longterm basis.

If someone is homebound due to illness, disability, or otherwise isolated, please contact Meals on Wheels to arrange home deliveries.





The Power of a Knock

"I enjoy my meals; seeing what is in the bag is a surprise."

"Knowing Mom is getting a nutritious hot meal gives meal peace of mind."

> "Keep up the good work. Good food, good service."

"All the volunteers go beyond to be helpful."

"The VAC delivery person is always smiling and polite."

"VAC is such a blessing."

"I look forward to my hot meals. I eat better."

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More Than A Meal

Senior Luncheon dining sites offer a perfect opportunity to enjoy a tasty meal, socialize, and join in on special events like monthly birthday celebrations, guest speakers, and more!

Individuals age 60 or older, their spouses, individuals who are disabled, and all high-rise residents where we gather are eligible to dine reservations requested by 10:00 a.m. the day before.

LOCATIONS INCLUDE:

Taylor Street Plaza 507 E Taylor St DeKalb, IL 60115 815-758-3932 FSA Club 55 1915 N 1st St DeKalb, IL 60115 815-758-8616

VAC at Fox Valley Comm. Services 1406 Suydam Road Sandwich, IL. 815.787.6219 FSA Club 55 115 3rd St Malta, IL 60150 815-758-8616