












Monday	Tuesday	Wednesday	Thursday	Friday
<p>White Sox  Home Opener <u>3</u></p> <p>Cheeseburger on a Bun Ranch Potato Wedges Pea Salad Cinnamon Apples Cookie</p>	<p><u>4</u></p> <p>Sausage and Vegetable Pasta Cauliflower Apricots Juice Cup Italian Bread</p>	<p><u>5</u></p> <p>Seasoned Pork Chop Baked Beans Carrots Fruit Cocktail Wheat Bread</p>	<p><u>6</u></p> <p>Sesame Garlic Chicken Breast over Rice Whole Green Beans Romaine Salad/Dressing Mandarin Oranges Dinner Roll</p>	<p><u>7</u></p> <p>Tuna Salad on Wheat Bread Broccoli Soup Potato Salad Peaches</p>
<p>Cubs  Home Opener <u>10</u></p> <p>Beef Frank on a Bun Potato Triangles 3 Bean Salad Pears Brownies</p>	<p><u>11</u></p> <p>Paprika Chicken Roasted Tri-Colored Potatoes Beets Tropical Fruit Wheat Bread</p>	<p><u>12</u></p> <p>Cabbage Roll Casserole Green Beans Gelatin Salad Juice Cup Wheat Bread</p>	<p>Easter Celebration <u>13</u></p> <p>Brown Sugar Baked Ham Mashed Sweet Potatoes Peas and Onions Strawberries Angel Food Cake Wheat Roll</p>	<p><u>14</u></p> <p>Cheese Lasagna Casserole Italian Blend Spinach Salad/Dressing Apple Crisp Italian Bread</p>
<p><u>17</u></p> <p>Chicken Tetrazzini Carrots Fruit Cocktail Juice Cup Wheat Bread</p>	<p><u>18</u></p> <p>BBQ Pork Sandwich Potato Wedges Kidney Bean Salad Apricots Bun</p>	<p><u>19</u></p> <p>Country Fried Steak with Gravy Mashed Potatoes Black Eyed Peas Sliced Peaches Rice Pudding Biscuit</p>	<p><u>20</u></p> <p>Spaghetti with Meat Sauce Capri Blend Vegetables Romaine Salad/Dressing Blushing Pears Wheat Roll</p>	<p><u>21</u></p> <p>Oven Roasted Chicken Au Gratin Potatoes Spinach Applesauce Wheat Bread</p>
<p><u>24</u></p> <p>Cheese Omelet Hash Browns Breakfast Sausage Banana Grape Juice Biscuit</p>	<p><u>25</u></p> <p>Sweet & Sour Meatballs Jasmine Rice Broccoli Florets Romaine Salad/Dressing Mandarin Oranges Wheat Bread</p>	<p> Happy Birthday <u>26</u></p> <p>BBQ Pork Chop Potato Wedges Carrots Melon Slice Frosted Cake Wheat Roll</p>	<p><u>27</u></p> <p>Chicken Fajitas with Peppers and Onions Refried Beans Corn and Red Peppers Pineapple Flour Tortilla</p>	<p><u>28</u></p> <p>Stuffed Pollock Scalloped Potatoes Peas Ambrosia Salad Wheat Bread</p>
<p>Tell us what you think! Each day rate the menu: 1 (least favorite) To 5 (most enjoyed).</p> <p>1  2  3 </p> <p>4  5 </p>	<p>At the end of the month, return the menu to us via your site coordinator or volunteer driver.</p> <p></p>	<p>APRIL 23rd - 29th</p> <p>NATIONAL VOLUNTEER WEEK 2017</p> <p>MOBILIZE. BUILD. INSPIRE.</p>	<p></p> <p>"Volunteers do not necessarily have the time; they have the heart."</p> <p>- Elizabeth Andrew </p>	<p>"Alone we can do so little; together we can do so much."</p> <p>Helen Keller</p>